

Last night, I caught a baby for the first time.  
in my car  
calm and crazy  
Unafraid  
because of you  
I knew I could  
I knew I had to  
I knew what to do  
and I did it  
and so did she  
with confidence and joy and peace  
on the Garden State Parkway  
and today the world is different for her  
because she birthed her baby girl  
and for me  
because I birthed a new part of myself  
and I would never have  
even known it was possible to be this woman  
without you

*Raizy Goldsmith, CD(DONA), LCCE*